

# Portland Friends Meeting Newsletter

Fourth Month, 2018

**Meeting for Worship:** Sundays 10:30a

**Adult Education:** 8:45a, 2nd and 4th Sundays

**First Day School:** 10:45a, 2nd and 4th Sundays



1837 Forest Ave Portland, ME 04103  
portlandfriendsmeeting.org  
207-200-6544

## Connections

### Co-Clerks

Jennifer Frick 939-1312

Lea Sutton 642-2327

### Treasurer, Contributions

Sue Nelson 391-6116

60 Shadagee Road, #2

Saco, ME 04072

### Treasurer, Operating Account

Kathy Beach 741-2940

14 Drew Road

South Portland 04106

### Treasurer, Special Funds

Sara Jane Elliot 749-9706

### Special Needs Funds

Chris Beach 741-2940

Elizabeth Szatkowski 772-1774

### Ministry and Counsel

Jane Mullen, 215-421-5257

[jmmaine@aol.com](mailto:jmmaine@aol.com)

Mary Tracy, 207-749-8712

[marytracy126@gmail.com](mailto:marytracy126@gmail.com)

### Pastoral Care Coordinator

Christina Davis 518-0784

### Childcare Coordinator

Susan Grannell 401-413-5951

[grannell8@gmail.com](mailto:grannell8@gmail.com)

### Religious Education

Adult: Sandi Jensen 207-839-2372

Judy Spross 617-872-8817

Youth: Luke Hankins 207-200-6042

Youth Religious Education Coordinator:

Anne Payson 781-2501

### Use of the Meetinghouse

Lise Wagner 232-1778

[lise.r.wagner@gmail.com](mailto:lise.r.wagner@gmail.com)

### e-group coordinator

[pfm.email.list.owner@gmail.com](mailto:pfm.email.list.owner@gmail.com)

### Newsletter submissions

Heather Denkmire

[pfmnewsletter@grantwinners.net](mailto:pfmnewsletter@grantwinners.net)

### Address change details

Dennis Redfield

[dennis.lee.redfield@gmail.com](mailto:dennis.lee.redfield@gmail.com)

*“Live adventurously. When choices arise, do you take the way that offers the fullest opportunity for the use of your gifts in the service of God and the community? Let your life speak. When decisions have to be made, are you ready to join with others in seeking clearness, asking for God’s guidance and offering counsel to one another?”*

Faith and Practice of the Yearly Meeting of Friends in Great Britain  
5th Edition, section 1.02, #27

## Calendar

**April 28** 9a-noon, Falmouth Quarter Meeting, Topsham (details inside)

**April 29** Rise of Meeting, brown bag lunch audio recording listening, “Talking Race, Love, & Liberation,” Portland Friends Meeting

**Every Sunday:** 10:30a Meeting for Worship

**1st Sunday:** 9a Meeting for Worship for the Conduct of Business (all welcome)

**2nd and 4th Sundays:** 8:45a Adult Religious Education  
10:45a First Day School

**2nd-5th Sundays:** 10-10:20a Intergenerational singing

**2nd Saturday:** 5-8p Youngish adults potluck  
Bart Czyz, [btczyk@gmail.com](mailto:btczyk@gmail.com), 207 899 5937



The Middles prepared boxes to hold socks and underwear collected for Preble Street and cat/dog food for Animal Refuge League at our annual Easter breakfast!

**Portland Friends Meeting**  
**Meeting for Worship for the Conduct of Business**  
**April 8, 2018**

We began in silent worship at 9:02 a.m., with 22 members and attenders present.

Co-clerk Lea Sutton read from Faith and Practice of the Yearly Meeting of Friends in Great Britain, 5<sup>th</sup> Edition, section 1.02, #27:

Live adventurously. When choices arise, do you take the way that offers the fullest opportunity for the use of your gifts in the service of God and the community? Let your life speak. When decisions have to be made, are you ready to join with others in seeking clearness, asking for God's guidance and offering counsel to one another?

1. **Minutes.** The January minutes were accepted, with no corrections.
2. **Treasurer:** Kathy Beach presented the treasurer's report, which we accepted. Here are the financial summaries that she presented for March and for year to date:

Income

Donations:	\$10,000	18% of budget	(3 months = 25%)
Rental income:	\$ 1,245	62%	
Endowment:	<u>\$ 2,499</u>	25%	
Total:	\$13,744	21%	

Expenses

Meeting house:	\$ 4,076	22%	
Meeting community:	\$ 5,150	18%	
Meeting contributions:	<u>\$ 6,750</u>	34%	
Total:	\$15,976	24%	

Balance \$ -2,232

<b>Quick Summary of Income and Expenses</b>	
<b>3 month — 25% of 2018</b>	
Year-to-date Income	\$13,744
Percent of Budget	21%
Year-to-date Expenses	\$15,976
Percent of Budget	24%
Balance	(\$2,232)

Kathy also noted that the Meeting children raised \$1050.16 from the Easter breakfast.

Kathy explained that she and Sue Nelson wanted to add Sue's name to the TD Bank account, but could not as Sara Jane Elliot could not be present (she was still in Florida), and Sara Jane is one of the signatories on this account. Sara Jane agrees that the simplest solution is to delete her name from the account for now, and add Sue Nelson. We are required to have a statement from the Meeting saying that everyone approves of this action. The bank requires either letter from the clerk on letter head stationery or a copy of our business meeting notes authorizing this action.

Friends authorized removing Sara Jane Elliot as one of the signatories on our TD Bank account [ # ], and adding Sue Nelson as a signatory on that account, and asked the recording clerks to provide a copy of this minute so that our action is clearly communicated to TD Bank.

Kathy and Chris will be biking across America, and so away May 1 through September 30. Sue Nelson will be carrying on Kathy's treasurer work, and Sara Jane Elliot will be keeping an eye on our investments.

3. **Ministry and Counsel:** Dorothy Grannell reported for Ministry and Counsel.
  - M & C continues its work on reviewing its tasks, and is refining its understanding of the nature of that work. In March Dorothy Grannell was named clerk and Kirk Read the backup clerk. Recording clerking tasks will rotate among members.
  - M & C recommended, with joy, that we accept Jo Ellen Linder in membership, and that we accept, with joy a transfer of membership for Sameal P. Solish from Friends Meeting at Cambridge. Friends enthusiastically accepted both recommendations. Although their membership in Portland Friends Meeting is new, their engagement in our meeting is long standing.

(cont-)

### 3. **Ministry and Counsel (cont-):**

- M & C recommend that Elizabeth Szatkowski to be recognized for Denominational Endorsement as a pastoral counselor, this designation to stand as long as she and her support committee feel that she is practicing her gift within this community.

Dorothy explained that Friends do not ordain ministers or pastoral counselors but the Society of Friends is able to recognize gifts of ministry or gifts in counseling. In certain professions a Denominational Endorsement is required in order to be employed as a pastoral counselor in hospice or chaplaincy work.

Elizabeth's application for a position with Hospice of Southern Maine led her to apply for this designation, which she would hold in recognition of her gifts for as long as she and her support committee [see below] feel that she is practicing her gift within this community.

Ministry & Counsel acted as a clearness committee and have affirmed that Elizabeth has served as a counselor within our community and in the wider community and is recognized as having gifts of ministry in the area of counseling. They have established a support and oversight committee, consisting of Jim Maier, Chris Beach and Jo Linder, which will meet with her at least once a year for clearness and guidance.

We approved this minute of Denominational Endorsement:

Elizabeth Szatkowski is a member in good standing of Portland Friends Meeting. We endorse her ministry as a pastoral counselor and have approved an oversight committee which will meet with her a minimum of once a year and be available as otherwise needed. This committee will provide accountability for her ministry by seeking clarity with Elizabeth Szatkowski about the nature and form this ministry takes. It will also assure an ongoing connection with her faith community.

This endorsement will go to Falmouth Quarterly Meeting on April 28 for its confirmation, and will then be recorded by New England Yearly Meeting.

### 4. **Falmouth Quarterly Meeting:**

Dorothy Grannell noted that we need at least two named representatives to Falmouth Quarter for their April 28 meeting. Dorothy can be one, and Ann Dodd-Collins has asked to be another. More may be named and all are welcome to attend. It will be in Topsham under the care of Brunswick Friends Meeting. Friends appointed Dorothy Grannell, Andy Grannell, and Ann Dodd-Collins as our representatives. Lewiston Meeting is down to one attending member, and the future of that meeting and of two other meetings that are frail, will be one of the items on the Quarterly Meeting agenda. This will be a lengthy and caring process that will continue for some time.

### 5. **Family Promise:** Ann Dodd-Collins shared the following report for our round #3, prepared with help by Tom Tracy:

This round of hosting was quite different from our first two rounds. We had three families that were new to us for a total of 13 guests. There were four parents, two teens, two 10-year-olds, four 6-year-olds, and a 10-month-old baby. Two families were from Angola, one was from Burkina Faso. Many of our volunteers speak French, and one speaks Portuguese, a blessing when English is the third, fourth, or fifth language of our host families. The children all played together well and enjoyed coloring and building with legos. The parents seemed to enjoy being with each other and were helpful with kitchen cleanup and packing lunches.

In the first and second rounds we had a significant amount of leftover food. This time we balanced supply and demand better. With older children and menu items that were broadly appealing, more food was eaten this time as well. On Friday we did have a substantial oversupply - a LOT of goat stew and three large cod fillets. Since we provided meals for the following Wednesday and Saturday this surplus was largely used up. We still have a way to go in communicating desired qualities, but communicating our guests' experiences went more smoothly because Tom organized meals on all seven days. It might not always be possible to do this, but at least we can aim to group multiple days contiguously.

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(minutes continued from page 3)

## 5. Family Promise (cont-):

On Tuesday evening we hosted a goodbye party for Stacy and her boys. Sara, Courtney, and Lisa, the staff at Greater Portland Family Promise, and Nancy, who is the student intern at Williston-Immanuel, brought cake and ice cream. The children got to play together one last time, the parents got to say goodbye, and Stacy's family was sent off with many good wishes.

On Friday Armando's family moved into their apartment. Their move was more chaotic than most as they got locked out of the apartment and it took a while to locate the landlord and for the landlord to arrive with the key. Tom Tracy helped them move in and provided them with dinner for the rest of the week as their GA (General Assistance) food vouchers did not come through.

Because no faith community was able to host Family Promise in the week leading up to Easter Sunday, Clark Memorial United Methodist opened their house for the families, and five congregations took turns hosting one or two nights. Portland Friends hosted Wednesday and Saturday. Although it worked, it was difficult. There was minimal communication between the faith communities. Because I live nearby, Courtney (GPFP) emailed me when items were needed and I made several trips to the grocery store for more fruit and yogurt, apple juice and toilet paper. Ellen Jackson at Clark Memorial, who also lives nearby, did the same. Leftovers piled up. None of us were familiar with the building. On the other hand, being in a house was lovely. For the families, it must have been disconcerting to have different groups with different ways of hosting coming in each night, but they didn't show it. Korotimi's family moved into their apartment on Saturday, so we had only one family the last night.

I have been asked how many people at Portland Friends are involved in Family Promise. We have 45 people on our email list, and 37 of those have been trained to be Family Promise hosts. In December we had 25 people who filled our volunteer slots. In March we had 28 volunteers. And we had four people who offered to spend the day at the meeting house should we have a snow day during our host week.

Our next time to host will be the week of June 24th. I don't think we will have to worry about a snow day then.

There are issues we need to consider:

One is wifi. When we have teenagers, we need to have wifi so they can do their homework. In December, I borrowed a hot spot from Portland Public Library. Because of the contract I signed, I had to be at the meeting house every night so our teenager could do his homework. In March, there were no hot spots available, even though I reserved one two weeks in advance, so I added a data plan to my phone (I didn't have a smart phone at the time). When I explained why I needed a hot spot, I was given one by Verizon, so I didn't have that cost, but I did have the cost of the data plan and activating the hot spot. Neither of these options is a permanent solution.

Another issue is a contribution, as a meeting, to Greater Portland Family Promise (GPFP). We signed a covenant with GPFP that includes this provision: "To consider budgeting annual contributions to support the mission of Greater Portland Family Promise". Portland Friends Meeting (PFM) did budget money for Family Promise this year, but it was to reimburse volunteers for money spent on food and supplies. I'm sure that some of us have given contributions as individuals. Do we want to give a contribution as a meeting? Do we want to include a contribution in the PFM budget for next year?

As always, I am so very grateful for all the people at Portland Friends who have come forward with their time, their resources, and their prayers to make my job as overall coordinator an easy one. And I am especially grateful to Tom Tracy who takes care of everything relating to food and to Lise Wagner who takes care of supplies. They not only do their tasks beautifully, but they make me laugh, and I need that.

It was noted that the Communications Committee is committed to arranging for wifi in the Meeting House.

Lisa Wagner will be leaving her position as our Family Promise supply coordinator, so we are seeking somebody to fill this position.

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(minutes continued from page 4)

## 5. Family Promise (cont-):

How should we contribute financially to Greater Portland Family Promise, and also in which cases we should reimburse our volunteers (whose out of pocket expenses are sometimes very significant?). Not all of our volunteers seek reimbursement. Others may just want a record that is useful for tax purposes. It is sometimes hard, but always important, to know the value of private donations in kind. We need to consider budget lines for donations to Family Promise, and for reimbursement to volunteers when appropriate. We also need a simple form to capture the real value of in kind donations, for tax and other purposes.

There was not enough time for us to wrestle with these questions, and so the recording clerk set down the above notes as just a starting point for committee consideration, leading, we hope, to having a formal minute that we might accept at our next Meeting for Business.

But this minute was clear: Our engagement with Family Promise is a gift to our meeting, and has been a source of wonderful learning for many of our community members!

## 6. Other business:

Lise Wagner shared an enthusiastic report from Somali young women who had a retreat at our meeting house, and who will be returning again.

She urged us to check the calendar before coming into the meeting house for any reason. We need to allow renters their privacy.

Lisa also asked for permission to publish pictures of the interior of our Meeting House on our web site, primarily to help communicate to groups that are considering renting our space. Friends approved, suggesting that these belong in the "rental" section, and that room dimensions and which rooms have rugs should also be included.

Lise Wagner asked permission to place a \$60 advertisement in the program of the Sea Change Chorale concert, along with funds to pay for the same. The Sea Change Chorale concerts raise money for social causes. Friends approved, suggesting that the Finance Committee find an appropriate budget line. We recognize that this may open the door to other requests. The money that we are approving ultimately will come from our individual donations to the meeting budget.

We closed in silent workshop at 10:20 a.m., with 26 members and attenders present, purposing to meet again, God willing, at 9:00 a.m. on March 6, 2018.

Respectfully submitted,

Arthur Fink,  
Co-Recording Clerk

## Listening Gathering on Racism

April 29, Rise of Meeting

With gratitude for the support of the Peace and Social Concerns Committee, please join us downstairs at the Rise of Meeting (bring a lunch!) to listen to an audio recording of a "Dharma talk" by the Buddhist teacher, Rev. angel Kyodo williams (for more information about Rev. angel: [angelkyodowilliams.com/bio/](http://angelkyodowilliams.com/bio/)). The goal of this gathering will be to explore the idea of racism as a spiritual issue; to consider the idea that without personal transformation, we can't participate fully in transformation on a systems level.

## Adult Religious Education

### Upcoming classes

Apr. 22, 2018 Writing a spiritual memoir (tentative title) with Andy Grannell

May 13, 2018 Quaker 101: Threads of mysticism in Quakerism Facilitator: Muriel Allen

May 27, 2018 (Memorial Day Weekend) **no class**

June 10, 2018 To be determined but likely our traditional final meeting of eliciting feedback and ideas for the next year.

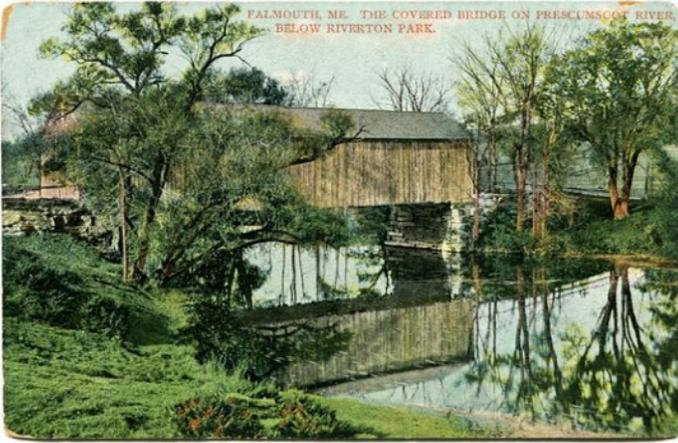
Let us hear from you!

We welcome your feedback. Is there a discussion you'd like to facilitate? A topic we should consider? Are you curious about joining our committee next year. Feel free to reach out to any member at meeting or send an e-mail to **Judy** at [jaspross@gmail.com](mailto:jaspross@gmail.com) or call her at 207-775-2570 (home) or 617-872-8817 (cell).

## The Early Quakers of Greater Portland, Maine

(From the author, Wayne Cobb: *Hello Friends*. For the past two years I have been researching the early history of Quakers in Portland, and in particular the activities of James Winslow, our first Quaker, and his family. I am grateful for the support of the Meeting and Obadiah Brown's Benevolent Fund in this work, which is ongoing. If you or a family member is acquainted with local Quaker history before 1850, please contact me at [wcobb2@gmail.com](mailto:wcobb2@gmail.com).)

### Part 5: A legendary tavern, right near the meeting house!



Sometime prior to 1790 a grand farmstead was erected on the Old County Road (now Blackstrap Road in Falmouth), just northwest of Winslow's Bridge over the Presumpscot River and across the road from the old Quaker meeting house. In that year Josiah Dow, according to his son Neal's 1898 memoir (*Reminiscences of Neal Dow*, p. 14), moved into the farmhouse "just beyond the covered bridge" and began to learn the tanner's trade while teaching in the winter.

Although Josiah spent only five or six years at the farm, he managed to find himself a bride among the Quaker community surrounding him. The well-to-do Quaker Isaac Allen and his family lived less than a mile east of where he resided, in a house visible to him across the Presumpscot valley. (The house still stands at 321 Falmouth Road, but the old view is now blocked by

trees and the Hannaford Supermarket at 65 Gray Road). Josiah and Dorcas Allen were married in 1796 in the Quaker meeting house at what is now 29 Blackstrap Road. According to his son Neal, his future father may have met his bride-to-be "in that old meeting-house, or possibly in school [where she was] one of his scholars."

Shortly after their marriage the Dows moved to Portland, where Dorcas Dow gave birth to Neal in 1804. Josiah and Dorcas probably attended weekly meetings for worship at the Portland meeting house, built in 1794. It stood at the present corner of Pearl and Federal Streets, and may have been the first house of worship in the area to have the convenience of woodstove heat.

Neal Dow would famously become the mayor of Portland, a Civil War General and the "Father of Prohibition" in the United States. In his memoir, he recounts boyhood memories: "A few rods south, on the Portland side of the river, in full view of the home my father had chosen, stood at that time a Friends' meeting-house. Long ago it was taken down, but it survived until my day, and there, in my boyhood, I frequently attended with my parents the Friends' Quarterly Meetings."

A decade after Josiah moved with his wife to Portland, a Zaccheus Lambert came to Falmouth and bought the farmstead where he had lived. Lambert's Tavern, although located in the Falmouth Quaker heartland, became popular for thirty years among hearty denizens of Portland and drovers on the Old County Road. "It had a room for locals and travelers and several rooms for overnight stage riders and the overflow from nearby taverns. It was well known for an unusual drink served in a tin cup that contained rum and a generous dollop of Blackstrap molasses and for some, an added dollop of cream. Imbibers joked that no one knew whether the drink was named for Blackstrap Hill or the hill was named for the drink." (Falmouth Historical Society)



A detail-packed article about the tavern appeared in the June 30, 1901 *Portland Sunday Telegram*, just as the building was about to be demolished. In it, the 76-year-old grandson of tavern-owner Zaccheus Lambert recounted what he called "the great event in the old tavern's history, and the one for which her name will be remembered....The sailors of the British warship *Boxer*, and the American warship *Enterprise* came out to the tavern the day after the fight off the harbor..., and had their carousal."

The battle between the *Boxer* and the *Enterprise* provides one of the great stories in Portland's history. "On 5 September 1813, USS *Enterprise* with fourteen 18-pound carronades and two 9 pound long guns and 102 men sighted HMS *Boxer* with twelve 18-pound carronades and two 9 pound long guns and 66 men off Pemaquid Point, and closed on the enemy brig. British Commander Samuel Blyth was killed by a cannon ball and Lt. Burrows, Commander of the *Enterprise*, suffered a mortal wound moments later. The fierce contest ended in 30 minutes with *Boxer* in ruins. A court martial later found that a number of British seamen had deserted their quarters during the action."

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## The Early Quakers of Greater Portland, Maine (cont-)

Blyth's remains, in company with those of the brave Burrows, were brought to Portland, where they were interred with military honors in Eastern Cemetery. This battle was recalled by an eyewitness, Henry Wadsworth Longfellow, in his poem *My Lost Youth*:

I remember the sea-fight far away,  
How it thundered o'er the tide!  
And the dead captains, as they lay  
In their graves, o'erlooking the tranquil bay,  
Where they in battle died.  
And the sound of that mournful song  
Goes through me with a thrill:  
"A boy's will is the wind's will,  
And the thoughts of youth are long, long thoughts."



"American and English were all the same [on the day of their "great carousal]," recalled Zaccheus Lambert's grandson: "It is doubtful if an Englishman could have told his own countryman from that of the enemy, the American, whom he had just been fighting. It was a historic day for the old inn, as well as for the residents of Portland." And this just across the road from the Quakers' sacred meeting house, on the Presumpscot River, just south of today's Central Maine Power Co. substation.

## Falmouth Quarterly Meeting Saturday, April 28, 2018 — 9:00 am - Noon

Brunswick Friends Meeting, Elm Street Assisted Living, 56 Elm St (Rt 24) in Topsham.  
There is a sign in front of the building please park in the rear. Enter using the handicapped-accessible ramp.

*Meetings are asked to send names and contact information to Dorothy Grannell [stemp41@gmail.com](mailto:stemp41@gmail.com). State of Society reports and relevant background materials will be e-mailed to attendees before the meeting.*

### AGENDA AND PLAN OF THE MORNING

- I. Arrival 9 - 930 Brunswick Friends are hosting
- II Worship 9:30 - 10:30 including the reading of SOS reports
- III Break
- IV Business 10:45 - 12:00
- V Continuing Business
  - A. Approve minutes of January
  - B. Treasurer's Report
  - C. Report from Ad Hoc Committee on Lewiston Monthly Meeting
    1. Review Newsletter from Lewiston - Christine Holden
    2. Survey Results - Martha Hinshaw Sheldon
    3. Discernment of next steps

In preparation please see *Faith and Practice 2014* Appendix 3 A & B and p. 219 *Faith and Practice 1985*

4. FQ Ministry & Counsel responsibilities with Lewiston

### VI. New Business

- A. Transfer of membership for Sue Reilly to Portland Friends (*F & P Appendix 4D & E 2014*)
- B. Denominational Endorsement for Elizabeth Szatkowski (*F & P Appendix 5C 2014*)
- C. Appointment of Nathan Broaddus to Beacon Hill House to replace Sarah Cushman
- D. End of Sabbath Year Discernment/ Discussion - time permitting
  1. Appoint Clerk and Recording Clerk
  2. Summer Meeting??
  3. Fall Meeting date and location
  4. Meeting of Planning Group date



## Portland Friends Meeting Email Lists

Our Meeting has two email lists, sometimes referred to as "google groups." The first list is "PFM Life of the Meeting," for items directly related to Portland Friends Meeting or the wider Quaker world. The second is "PFM Wider Community," for any items of interest from the PFM community to share.

To send an announcement to PFM Life of the Meeting, email [pfm-life-of-the-meeting@googlegroups.com](mailto:pfm-life-of-the-meeting@googlegroups.com).

To send an announcement to PFM Wider Community, email [pfm-wider-community@googlegroups.com](mailto:pfm-wider-community@googlegroups.com).

Some guidelines:

- make the subject line of your email the subject line that will go out to the list;
- only include text to be sent to the list, do not include notes to the moderator; messages should be sent exactly as you want them to appear on the list.

Please note: the sender of a message will not receive a copy of the message after it has been approved. Most messages are approved within 1-2 hours, all are approved within 24 hours.

For technical support or for any questions related to the lists please feel free to email [pfm.email.list.owner@gmail.com](mailto:pfm.email.list.owner@gmail.com).

***Sweetgrass and Flames***, painting by Mihku Paul-Anderson, Maliseet Artist/Writer/Poet, Portland Maine ([mihkupaul@gmail.com](mailto:mihkupaul@gmail.com))

Mihku Paul is a Maliseet writer and visual artist who grew up on the banks of the Penobscot River and now lives and works in Portland. She is a graduate of the Stonecoast MFA program in creative writing at USM. Mihku also received a traditional education from her grandfather, Ray Paul, a Maliseet elder from Kingsclear, New Brunswick. Her work has been shown at the Abbe Museum in Bar Harbor, The Glickman Library in Portland, the Area Gallery at USM and featured on the cover of *Multi-Ethnic Literatures of the United States*. Her poetry has appeared in *Poesis*, *Cabildo Quarterly*, *Dawnland Voices*, *Port City Poems*, *I Was Indian II* and others. Her first book of poetry, *20th Century PowWow Playland*, was released in 2012 from Greenfield Review Press.

*Dear Friends,*

*I was recently asked to give a talk about my nonviolence activism at Unity of Greater Portland, a progressive church in Windham. If you're interested, you can hear the talk here:*

*[unitygreaterportland.org/sunday-audio-files/](http://unitygreaterportland.org/sunday-audio-files/). Or you can contact me if you'd like a copy of the text, if you prefer reading rather than listening. Thanks to Portland Friends Meeting for your support in these activities!*

*— Rob Levin, [rob@roblevin.net](mailto:rob@roblevin.net)*

Woodbrooke Quaker Study Centre is once again offering a free on-line course in early Quakerism in collaboration with Lancaster University. It concentrates on the events of 1652 - a critical year in the formation of the Religious Society of Friends. It is hosted by Futurelearn part of the Open University. The course was designed by Ben Pink Dandelion and features short readings and films. Last year a number of Portland Friends took the course along with over 2,500 people worldwide. More than 10,000 people in total have taken it.

You can enroll for this year in the course that starts on April 30, 2018 See the trailer and register at <https://www.futurelearn.com/courses/quakers>

## Suggested Resources from PFM Racism, White Supremacy and Quakers Workshops

The following list was generated from those attending the workshop at PFM on March 25th. If you have additional resources to add to the list please either email them to Dorothy Grannell at [stemp41@gmail.com](mailto:stemp41@gmail.com) or add them to the poster in the meetinghouse parlor. In total 50 Friends participated in the 6 sessions held this winter. Individuals interested in extending the conversation are encouraged to invite people to share a podcast, movie or program. Publicize events you host at home or at the meetinghouse through the wider community e-group at [pfm-wider-community@googlegroups.com](mailto:pfm-wider-community@googlegroups.com)

Friends adding their comments and resources to the posters on March 25. Friends are encouraged to look at display in parlor and add to it.

*Over these weeks what resources have you discovered of any type that you would like to share with others (books, podcasts, movies, web sites organizations- indicate how to locate these) Some resources will be added to the meeting library.*

Stamped from the Beginning by Ibram X Kendi. Incredibly comprehensive look at the origins and persistence for racist ideas. (x2)

The Fire Next Time, James Baldwin

Between the World and Me, Ta Nehisi Coates (x 2)

Movie : Black Panther, enlightened movie hope for change (x2)

Google : Eleanor Roosevelt Helping Blacks, inspiring

Blog: Black Girl in Maine [blackgirlinmaine.com](http://blackgirlinmaine.com)

The Hate U Give, Angie Thomas

All books by Jesmyn Ward

NEYM website: White Supremacy Culture from Dismantling Racism: A Workbook for Social Change Groups by Jones and Okun

Why are all the Black Kids Sitting Together in the Cafeteria?

Everyone's Son

Homegoing by Yaa Ghasi

Americanah by Chimanda Ngozi Adiche (x2)

"Why I Won't talk about Race with White People anymore"

Hamilton the play

Film "Get Out"

BBC Series " Roots"

Websites: Everyday Feminism . Training for Change (tools for exploring privilege)

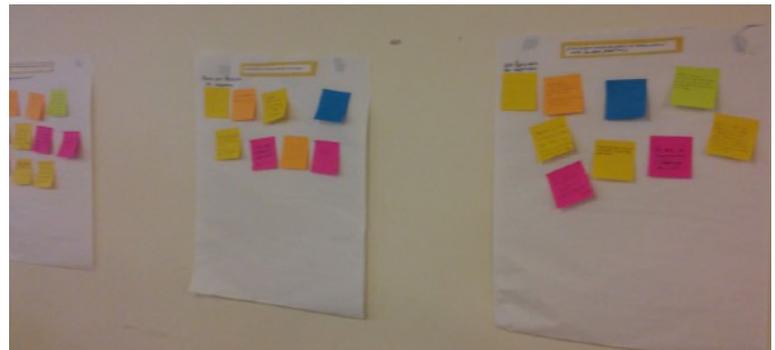
Radical Dharma by Rev. Angel Kyodo Williams

The New Jim Crow: Mass incarceration in the time of color blindness

Feminism is for Everyone by bell hawks

400 Years of White Trash by Eisenburg

The Luminous Darkness by Howard Thurman



Say the Wrong Thing by Amanda Kemp

Waking Up White, by Debbie Irving

The Fire This Time, J. Ward

Websites: [www.Showingupforracialjustice.org](http://www.Showingupforracialjustice.org);  
[www.trnsformnetwork.org](http://www.trnsformnetwork.org); [www.saythewrongthing.org](http://www.saythewrongthing.org) ;  
[www.amandakemp.com](http://www.amandakemp.com)

Organizations: Greater Portland SURJ, Maine Council of Churches, Theater Ensemble of Color

Captain Paul Cuffe's Logs and Letters, 1808-1817: A Black Quaker's Voice from within the Veil , Rosalind Cobb Wiggins

Sons of Providence: The Brown Brothers, the Slave Trade and the American Revolution, Charles Rappleye

"The Rhode Island Call to End Racism" (1989) editors Wiggins, Dimmick and Grannell

Report of Commission on Memorials, Brown University, March 2009 "Summary of the Report of the Steering Committee on Slavery and Justice" 2006

The Passamaquoddy-Maliseet Dictionary at [www.wabanaki.com](http://www.wabanaki.com)

Malaga Island: A Story Best Left Untold by Rosenthal and Philbrick [www.malagaislandmaine.org](http://www.malagaislandmaine.org)

Documentary and photos Maine's Visible Black History, "The First Chronicle of its People" , HH Price & Gerald E. Talbot, 2006

Portland Free Trail "Self guided tour of abolitionist movement in Portland" [www.10best.com](http://www.10best.com)

Podcasts: Seeing; White.Uncivil; the Nod

National Geographic Magazine, April 2018, *Special Issues: Black and White*

## Member Profile: Peter Woodrow

Three threads are woven through my life: Quakers, activism and a career focused on international peace and conflict issues. Engagement with Friends has been the constant while the other two have waxed and waned over time.

I was born in New York City shortly after my parents returned from working for the American Friends Service Committee in China, where they met and married (briefly). I was raised by my mother in New York and then the Philadelphia area, as well as in some fostering arrangements, since she was working fulltime. She insisted that I attend Quaker schools—in downtown Philadelphia and later at Westtown School as a day student and then a boarder (in the same class as Liz and Jim Maier). While I was a day student, we lived near the school in a half-Quaker, interracial, intentional community, and I became a member of Middletown Monthly Meeting. After high school, I went to Oberlin, where I managed to graduate, despite majoring in anti-war activism and other student agitation of the '60s, while also active in Young Friends of North America.



I was always interested in international affairs, so I applied to AFSC and was appointed to work in Quang Ngai, Viet Nam, which I did for two years, and then returned, spent a year at Pendle Hill, and then worked in the Philly AFSC office administering Asia programs for three more years. During that time I was living in the Philadelphia Life Center, a cooperative community associated with Movement for a New Society, a nation-wide and international network of nonviolent social change activists. For a time, then, I was working for the “conservative” AFSC and living and consorting with radical Friends and fellow travelers involved with MNS. I was lured into a nonviolent action training collective, and left AFSC to work fulltime with the Training/Action Affinity Group. That was an intense and challenging experience, as we trained groups in nonviolent action techniques through experiential learning methods. That training group created training materials in conflict resolution and helped develop what is now AVP.

A group of us decided to move to New England and ended up in the Northeast Kingdom of Vermont. I worked for several years as administrator of a rural health center, where I learned the struggles of the rural poor, especially the elderly. Meanwhile, I was dating a woman who was living in Cambridge, MA, and, just as I was about to move there, AFSC asked me to return to Asia to work with refugees during the Boat People crisis of the late '70s. I worked for almost a year in an island camp off the northeast coast, seconded to the Malaysian Red Crescent—and also helped set up AFSC's program in Cambodia in the wake of the Vietnamese invasion. These assignments in Asia and headquarters were the start of fifty years of involvement with the AFSC, as staff, US regional and international committee member, and multiple terms on the Board. I am just coming back on the Board after a two-year hiatus.

Back in the States after that period in Asia, I obtained a Master's in Public Administration from the Harvard Kennedy School of Government, combining international development and conflict resolution. Remaining in Cambridge after graduation, I worked with the Harvard Small Claims Mediation Project as a volunteer mediator for several years. About that time (mid-80s), the situation in Central America was heating up, and I was drawn into the core organizing group for the Boston area Pledge of Resistance. That was exhilarating and exhausting, not to mention impoverishing!

In parallel with mediating and organizing, I was working with another local Friend, Mary Anderson, to develop a research project to examine the nexus between short-term emergency relief and long-term development in Third World settings. We eventually obtained funding for the project, which was based at the Harvard School of Education and resulted in a book, *Rising from the Ashes: Development Strategies in Time of Disaster* (1989).

In another stroke of serendipity, I ran into an old friend from the MNS/affinity group days who had moved to Colorado and set up a mediation organization. He brought me in, at first working part-time from Cambridge, and eventually moving to work fulltime in Boulder as a mediator, facilitator and trainer, which I did for almost ten years—and was active in Boulder Friends Meeting. During that time, my friend and I started to co-author a book, which after an extended effort became the *Handbook of Global and Multicultural Negotiation* (2009).

(cont-)

## Member Profile: Peter Woodrow (cont-)

In 2003, Mary Anderson lured me back to Cambridge to work “for two years” on the Reflecting on Peace Practice Project, which conducted action-research on the effectiveness of peacebuilding strategies. I had been serving on the advisory group of the project, so it was a natural fit. I had also struck up a relationship with a woman living in Maine, and this was an opportunity to explore that connection further. Linda (Hornig) and I were married a few years later.

I continued to work as co-director of the RPP project for ten years—and a book summarizing several years of research is about to be published: *Adding Up to Peace: the Cumulative Impacts of Peace Programming*. In 2013, I became Executive Director of the larger organization, CDA Collaborative Learning Projects, before retiring to live fulltime in Maine in November 2017. And here I am—taking up music pursuits long deferred, and intending to explore alternative dispute resolution in Maine, while still doing occasional consulting gigs for my old organization.

### Stamps for Quaker Missions West

Many of our members and attenders know about saving their stamps which are sent to a man in California who sells them and donates the money to a variety of Quaker organizations. A large envelope sits on the table in the parlor where the stamps are collected and then sent in periodically. Here are a few tips on saving your stamps that will make them more valuable and easier to sort:

- Stamps should be cut not torn from envelopes with 1/8” to 1/4” of paper around the stamp. Do not try to remove the stamp from the envelope. Commemorative stamps are the ones with value. No US flag or liberty bell stamps or non-profit stamps. Stamps must be cancelled.
- The new domestic Forever stamps that are currently being released are especially valuable.
- For foreign stamps, include the whole envelope; do not cut the stamp off.
- For domestic mail postmarked prior to 1946 save the whole envelope; do not cut off the stamp.
- Very old letters in envelopes can have considerable value; save letter and envelope with stamp on.
- Other collectibles of value can be sent as well:
  - greeting cards, birthday cards, valentines, etc. from the early 1900's are very valuable
  - historical paper including photographs, documents, prints, autographs, etc.
  - picture postcards and government postal cards in their entirety, old post card albums
  - baseball cards
  - coin collections
  - box tops for education

If you have a large collection that won't fit in the collection envelope, you may send it directly to:

Earl Walker/Quaker Mission West  
650 Harrison Ave.  
Claremont, CA 91711

Thank you very much for doing this simple task to support Quaker missions like Right Sharing of World Resources, FWCC, International Quaker Aid and others.



### Contemplative Writing Prompts from Adult Religious Education: Quotes on Racial Justice

*quotes shared during ARE classes will be shared over the next few issues of our newsletter*

“A loving person lives in a loving world. A hostile person lives in a hostile world. Everyone you meet is your mirror.” Ken Keyes, Jr.

“A Rattlesnake, if cornered will become so angry it will bite itself. That is exactly what the harboring of hate and resentment against others is -- a biting of oneself. We think we are harming others in holding these spites and hates, but the deeper harm is to ourselves.” E. Stanley Jones

“A riot is the language of the unheard.” Martin Luther King, Jr.

“Accomplishments have no color.” Leontyne Price

“An eye for an eye makes the whole world blind.” Mahatma Gandhi

“At the heart of racism is the religious assertion that God made a creative mistake when He brought some people into being.” Friedrich Otto Hertz

“Collective fear stimulates herd instinct, and tends to produce ferocity toward those who are not regarded as members of the herd.” Bertrand Russell

“For it isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it.” Eleanor Roosevelt

## Report back from Rwanda

Dear Friends,

As many of you know, Patrick and I had the opportunity to travel to Rwanda in February with Team Heart—Patrick as an attending cardiologist and me (Anneke) as an accompanying guest/volunteer. There is much to share back—too much to cover it all adequately here. What follows are a couple of highlights that we thought would be of particular interest. If you'd like to hear more, please feel free to follow up with us directly. We are also thinking about other ways we might dive in more deeply on particular topics, if there is interest.

First, a bit about Team Heart: This was the 11<sup>th</sup> annual Team Heart mission to Rwanda and Patrick's second year traveling with the group (he's already signed up to return next year as well!). Team Heart is based in New England with volunteers from 15 US states and 3 countries. The organization works to address the burden of cardiac disease in Rwanda through surgical interventions, with a vision of creating a sustainable system and infrastructure for cardiac care in Rwanda that is provided by Rwandans. This includes a goal of building a Cardiac Center of Excellence in Rwanda,



as well as training more cardiologists. Currently, there are only a handful of cardiologists for a country of 12 million people, and the surgical mission remains vital for now.

This year, the Team Heart screening team (of which Patrick was part) traveled to four different locations (two in the capital Kigali in addition to Ruhengeri to the north and Butare to the south) and screened nearly 100 patients with known or suspected heart disease. The surgical team completed 16 successful operations with the last patient discharged from the hospital at the end of March. Additionally, Team Heart was able to place a leftover pace maker by working with a local cardiologist, and they saw patients from prior years for follow up appointments.

As you can imagine, the process of selecting 16 patients for surgery from almost 100 candidates is extremely challenging. I sat in on the selection meeting, which was an inclusive, transparent, thoughtful and humbling

process. It also gave me a better view into Patrick's work. For Patrick, the work with the screening team was all consuming. For me, the trip was largely about getting to know the country, and Kigali in particular, exploring, learning about the work of Team Heart and other organizations, and making connections and helping out where I could.

We arrived with a carry-on suitcase full of books (40lbs!) thanks to many of you and Patrick's MaineHealth colleagues, among others. These books were delivered to the Children's Peace Library and Kigali Reading Center. In a recent email, David Bucura (Coordinator of the African Great Lakes Initiative (AGLI) of Friends Peace Teams in Rwanda) reported that the children are very much enjoying the books we brought to the Peace Library. We ran out of time to personally deliver books to the Kigali Reading Center, but heard from the Team Heart members who delivered the books on our behalf that the children there were thrilled.

One of the significant highlights for me was visiting the Friends Peace House (FPH). This is where the Children's Peace Library is. It is also home to a number of other peace building, community development, education, and good governance programs. Of





particular interest to me was the Transformative Mediation program and Listening Room. Cush Anthony had connected me with Christine Curci, a social worker, mediator and fellow Mainer who lives in Rwanda three months out of the year, has been involved with FPH for a number of years, and visited there with me. We discussed the lack of sufficient funding for the Listening Room mediation project, which would be fully funded with about \$2000 per year, and Christine and I are continuing to think about how we might help address this now that we are back. Following our tour of FPH, we drove out to a retreat center where David Bucura was meeting with other members of the Peace and Development Network in Kigali.

Other highlights of the trip for me included: Kigali Genocide Memorial; Walking Tour of Nyamirambo with Nyamirambo

Women's Center; Camp Kigali Memorial to Belgian Soldiers killed in the Genocide; Cards from Africa greeting card operation; Presidential Palace Museum; Centre Marembo (an organization working with street involved girls and young women); safari in Akagera National Park; and Gardens for Health International (a potential partner in introducing Chaya for Team Heart patients).

As mentioned above, there is too much to share back here about all of these experiences, but we are very happy to talk more with anyone who is interested.

In Peace & Gratitude,

Anneke Hohl

### **Make Shift Coffee House (a project about Civil Political Discourse) has two events coming up in April.**

A Make Shift Coffee House is where people with differing political views can meet and learn from each other. There's coffee and food and live music. Guided by a neutral moderator, all voices and views are heard and respected.

It's not about persuading each other. We ask questions and hear what's important to the "other side." It's okay if we don't agree. All are welcome. All that's required is a desire to understand and the willingness to listen.

"Reflections on Race in a sea of "Whiteness"

April 19, 2018 from 2:00pm to 5:00pm at University of New England

St. Francis Room, Ketchum Library  
11 Beach Hills Rd., Biddeford, Maine

AND,

Neighbors talking across the political divide. Why do we see things so differently?

Thursday evening, April 26, 2018 6:00pm to 8:30pm  
Rockland Public Library

Come to our website: <http://makeshiftcoffeehouse.com/> to learn more about these events.



Easter breakfast clean-up was an all-hands-on-deck event!



Parenting for Peace presents

# REBECCA TRAISTER

## Fury and Equality: The Place of Anger in a Progressive Movement

May 3, 2018 @ 7:00 pm  
Hannaford Hall, USM



Friends School of Portland presents Rebecca Traister, who is currently writing a book about women, anger, and social/political change. She asks herself: How do I view the reality of women's anger--as a nation-shaping catalytic, often progressive social force--with my Quaker education that complicated my feelings about the use of aggression? This talk is about the process of trying to fit the anger so many of us are feeling about power imbalances and injustice into a Quaker framework. What is at odds with it? What makes sense? A discussion period will follow.

**Rebecca Traister** is writer at large for *New York* magazine and a contributing editor at *Elle*. A National Magazine Award finalist, she has written about women in politics, media, and entertainment from a feminist perspective for

*The New Republic* and *Salon* and has also contributed to *The Nation*, *The New York Observer*, *The New York Times* and *The Washington Post*. Traister's first book, *Big Girls Don't Cry*, about women and the 2008 election, was a *New York Times* Notable Book of 2010 and the winner of the Ernesta Drinker Ballard Book prize. Rebecca's most recent book, *All the Single Ladies*, is described as "a nuanced investigation into the sexual, economic, and emotional lives of women in America."

This event is generously cosponsored by [Bernstein Shur](#) and [USM's Department of Women and Gender Studies](#).

### Online resources for a progressive mind and ready-to-go activist:

[truthout.org](#): Internet progressive news source, supported by tax deductible donations from readers, never corporations, businesses or political entities. You can sign up for a daily email with a summary paragraphs of a variety of news articles you won't find in the mainstream media, covering politics, race issues, climate, social justice, economic concerns, health care, you name it. Click on any article you want to read in full; leave the rest if you don't have time. Very informative and well-written articles gathered from other websites and news centers.

[CommonDreams.org](#): This similar non-profit news center was started in 1997 and still is based in good old Portland, ME.

At it's website it lists the following sections: World, War and Peace, Economy, Climate, Rights, Solutions, US, and Canada. Again, the articles are pulled from a variety of progressive websites and news organizations, and you can sign up to receive their email with summaries and links to the latest articles.

Americans of Conscience Checklist: This is a personal project of Jen Hoffman, a woman who found herself overwhelmed and depressed at the plethora of bad news every day since Trump was elected and often wondered, "so what can I do to make a difference?" She and her part-time helpers peruse the news and political/social justice scene every week and publish a list on Sunday with specific "what's happening/happened" events and offer: opportunities for sending letters of gratitude, recommended reading, a "feel good" section with decisions or actions at the federal, state or local levels, or by organizations or individuals doing things we can cheer about. There is often a list of "not good" things with who to contact about your concerns and request what you want them to do or support. These are very specific issues and actions you can take—choose from a list on the left side of the site to go to the current news in that category. She also asks for your financial support if you are able, as it is always ad-free and no-cost, and she encourages readers to share and use the list.

I have found all three of these resources extremely useful in understanding what is happening in our society and what I can do to make some positive change, even if small steps. I know most of us in Portland Friends Meeting are already committed and actively engaged in using our own skills, interests and passions to make the world and our community a better place. If you know of other resources that our community would find helpful or might want to get involved with, let's keep adding to the list.

Respectfully submitted by Sandi Jensen



**MAY 3-6, 2018**

## Truth and Healing: Quakers Seeking Right Relationship with Indigenous Peoples

*A Pendle Hill Conference for inspiration, education, networking, discernment, and action*

Both Canada and the United States of America are built on the so-called Christian Doctrine of Discovery, which purports to justify the theft of land and resources and the enslavement or destruction of many Nations. As descendants of European settlers, Quakers benefitted and benefit from this history. Even when well-intentioned, Quakers often played a paternalistic role with Indigenous Peoples, and US Quakers ran Indian Boarding Schools, enterprises designed to erase Indian language and culture from Native youth – “Kill the Indian . . . Save the Man.”

As Friends, we rarely talk about our continuing benefit from this history or about our roles as invasive peoples on what the Original Peoples of this land called Turtle Island.

We invite Quakers from throughout Canada and the United States to gather at Pendle Hill to meet together with Indigenous people, to hear truth spoken plainly, to listen deeply with open hearts and minds, and to seek together ways of acknowledging ongoing and intergenerational injuries, owning responsibility, and repairing injustice as Spirit guides us.

Come to be inspired, to become better equipped to involve Meetings and local communities in building right relationship, and to be renewed in Spirit and energy for this long-term justice journey.



Denise Altvater

Mark Charles

Denise Lajimodiere

Paula Palmer

Elaine Bishop

Chief Dennis Coker

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**Next newsletter deadline:**  
Tuesday, May 8, 11:59pm

submissions: [pfmnewsletter@grantwinners.net](mailto:pfmnewsletter@grantwinners.net)

