

Portland Friends Newsletter

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ELEVENTH MONTH 2012

First Day schedule

Meeting for Worship
Sundays 10:30am

Religious Education
2nd & 4th Sundays:
Adults 9am, singing 10am,
youth 10:45am

Visit our website

PortlandFriendsMeeting.org

Friends to contact

Co-Clerks

Muriel Allen 874-9523
Anne Harwood 666-8179

Treasurer, Contributions

Sue Nelson 780-0349
58 Hillis Street
Portland 04103

Treasurer, Operating Account

Kathy Beach 741-2940
14 Drew Road
South Portland 04106

Treasurer, Special Funds

Sara Jane Elliot 883-0573

Special Needs Funds

Chris Beach 741-2940
Elizabeth Szatkowski 772-1774

Ministry and Counsel

Kate Potter 761-1648

Pastoral Care Coordinators

Shannon O'Connor &
David Spector 774-2578

Religious Education

Adults: Brad Bussiere-Nichols
772-1774
Youth: Shuli Bonham 619-4787

Youth RE Coordinator

Anne Payson 781-2501

Use of the Meetinghouse

Jane Mullen 761-5856

E-group Coordinator

Mary Beth Walsh 797-8414
mbwalsh@mainelyaccess.com



"We will take direct action against injustice without waiting for other agencies to act.... We will do this peacefully, openly, cheerfully because our aim is to persuade.... We will try to persuade with our words, but if our words fail, we will try to persuade with our acts. We will always be willing to talk and seek fair compromise, but we are ready to suffer when necessary and even risk our lives to become witness to the truth as we see it." —Martin Luther King, Jr.

Advices 11, NEYM Faith and Practice (1985)

Friends are called, as followers of Christ, to help establish the Kingdom of God on Earth. Let us strengthen a sense of kinship with everyone. Let that sense of kinship inspire us in our efforts to build a social order free of violence and oppression, in which no person's development is thwarted by poverty and the lack of health care, education, or freedom. Friends are advised to minister to those in need but also to seek to know the facts and the causes of social and economic ills and to work for the removal of these ills. Let us cherish every human being and encourage efforts to overcome all forms of prejudice.

Upcoming Events

- | | |
|------------------|---|
| Nov 15 | Wabanaki Truth & Reconciliation panel, Talbot Hall, USM, 6:30pm |
| Nov 16-18 | Young Friends retreat at PFM |
| Nov 25 | Craft sale for Kakamega, PFM, noon |
| Dec 2 | Advent Garden, PFM, 4:15pm |
| Dec 29 | Memorial service for Margaret Raymond |

Monthly Events:

1st Fri/Sat: Art Walk Friday, art play Saturday 10am-noon. Kathy Beach, 233-2065

1st Sunday: Meeting for Business, 9am

2nd Saturday: Youngish Adults Potluck, 5-8pm Marnie Grumbach, 856-5008

2nd & 4th Sun: Singing & Religious Ed: Adults 9am, singing 10am, youth 10:45am

4th Friday: Preble Street Soup Kitchen, 3:30-7pm. Aaiyn Foster, 766-9762

There are members and attenders who need rides to Meeting and other support during times of difficulty. If you need or can provide rides, food, or your silent presence at home meetings for worship, please leave a message for Shannon O'Connor, 774-2578.

Newsletter Contributions

Please mail items to:
Anna Barnett
835 Congress St., Apt. 2
Portland, ME 04102

OR email items to Anna Barnett
abarnett@gmail.com
Phone: 523-0314

Send address change details to Tony Scillipoti
tscillipoti@maine.rr.com

Deadline for receiving newsletter items: Friday after business meeting or sooner!

Minutes of Portland Friends Meeting for Business, November 4, 2012

1. Portland Friends Meeting for Business began in silent worship with 35 members and attenders present, during which co-clerk Anne Harwood read the Advice from the 1985 version of Faith and Practice, that corresponds to the eleventh query on Social Responsibility beginning, "Do you respect the worth of every human being as a child of God?" The Advice begins: "Friends are called, as followers of Christ, to help establish the Kingdom of God on Earth. Let us strengthen a sense of Kinship with everyone."

2. Clerk's Comments were replaced by a brief discussion of FUM 40 days of prayer and Day of Discernment, Nov. 18. Their query asked: "What has God said to you about this?" Anne Harwood's thoughts were that she has two daughters and occasionally they fight, though mostly they get along. When they fight, she tells them it's a big world out there and they need each other and should work out their differences. FUM seems to her like a sister – it's a big world out there and the world needs Quakers. FUM has done incredible missionary work in Africa and other places. Andy Grannell recommended a book by Thomas Hamm called *The Transformation of Quakers* that discusses 19th century Quaker schisms and attempts to reunite them. It's an ongoing process. A few people in this meeting are using material supplied by FUM for their 40 days, which lays out the ways in which Quakers have worked for peace, and the need to distinguish between unity over the testimonies and uniformity of belief. This is not just about personnel policies. The meeting agreed that because we as a meeting had not been involved in the process, individuals were free to respond on their own behalf or to gather a group to respond. Some people expressed interest in that possibility and will get together to discuss it and report back to December Meeting for Business. The queries will be posted in the newsletter, but the issues are too large to be dealt with before the end of the year other than by beginning a dialog.

3. The Minutes of October 7, 2012 Meeting for Business were accepted.

4. Treasurer's Report: Kathy Beach outlined the process of organizing the spreadsheet on which income and expenses are recorded. She reported that we are in better shape than we were last year at this time, but still have a budget deficit of \$6,814 to fill in the next two months. Total expenses for the year to date are \$53,891, or 67% of budget. Total income for the year to date is \$47,076, or 65% of budget. PFM has met all its expected contributions to other organizations. The full details of the budget are in the newsletter.

Treasurer's Report at a glance:

- 10 months = 83% of the year
- Total income: \$47,076 (65% of budget)
- Total expenses: \$53,891 (75% of budget)
- Budget deficit: \$6,814

5. Financial Oversight. Sara-Jane Elliot reminded us to return pledge forms that members should have received asking for support for PFM in 2013. The budget will be finalized in late November and pledges should be returned as soon as possible.

6. Ministry and Counsel: Kate Potter reported for Ministry and Counsel that they have two ongoing Clearness committees for marriage and are ready to support anyone who wishes to apply for Membership of the Religious Society of Friends. It is a deepening, often exhilarating process for both the applicant and the three or four members of the Clearness group. These people are not all members of Ministry and Counsel, but seekers and enquirers - we are all on a spiritual journey.

Margaret Raymond's Memorial service will be held here on Saturday December 29th, and we will help her family as needs are expressed.

We are beginning a process of discerning how we can best serve a refugee family of Quakers from an Evangelical Bible-based Christian belief background if another family should come to us.

The Christmas Eve candlelit Carol Worship is from 5 to 6 in the evening that Monday the 24th. There is silent meditation before the readings and singing begin, and refreshments in the Parlor afterwards. Anyone willing to help is asked to see Kate.

7. Nominating Committee: Kate Potter reported for Nominating Committee. The Committee expressed gratitude to our Co-Clerk Muriel Allen for her outstanding, passionate leadership during her two years of service. They would also like to thank everyone who has worked on committees and welcomed new attenders to enrich the life of our community.

Thanks were also warmly expressed to Chris Beach for the extraordinary way he has led this committee over long years, with grace and humor and ongoing persistence. There are still some bare spots in the sign-up sheets.

In December, final recommendations will be brought before Meeting for Business. However, this year Nominating Committee are early in recommending one key position and asked Meeting for Business to approve Sarah Cushman to serve with Anne Harwood in 2013 as Co-Clerk of Portland Friends Meeting. This request was heartily approved.

8. Falmouth Quarter Dorothy Grannell reported the Results of Falmouth Quarterly Meeting held at Windham Friends Meeting October 28, 2012. 14 Friends gathered for Quarterly Meeting.

The slate of officers for 2013 was approved as follows. Clerk for Falmouth Quarter: Dorothy Grannell, Portland Friends Meeting; Recording Clerk: Barbara Rose Macintosh, Portland Friends Meeting; Treasurer, Leslie Manning, Durham Friends Meeting; Youth Coordinator: Wendy Schlotterbeck, Durham Friends Meeting; Custodian of Records: Andrew Grannell, Portland Friends Meeting; Representatives to Beacon Hill Friends House: Daphne Clements, another Friend still to be named; Durham Friends Meeting; Representative to Maine Council of Churches: Leslie Manning; Representative to Annual Meeting of MCC: Dorothy Grannell

Ministry & Counsel was unable to appoint a new clerk at this meeting and this will be deferred to the spring meeting. The Nominating Committee will also be appointed in the spring. A budget of \$875 was approved for 2013, increasing support for Ramallah Friends School.

Falmouth Quarterly Meeting minuted its grateful appreciation for the lengthy, dedicated and careful service of Margaret Wentworth, clerk, Linda Johnston, recording clerk and Sue Reilly, clerk of Ministry & Counsel. A more detailed report will be available in the newsletter.

Minutes, November 4, 2012, continued

9. Archives Project: Andy Grannell reported that the four-volume corpus is at the binders and should be available in January to be placed in the library. A back-up copy is also available. Critical documents are available that minute when various vital issues were discussed and the conclusions that were reached.

10. Midyear Gathering of NEYM, March 23rd 2013 will be held at Portland Friends Meeting. Dorothy Grannell reported that the theme is "Let the living waters flow: Friends serving God's purposes". Simon Lamb and John Fitzgerald from Northern Ireland will be attending as speakers from FWCC. In future years this large group gathering will be rotated through different parts of New England. Maine Quakers will be asked if they can host overnight guests.

11. Peace and Social concerns: Tom Tracy reported for Peace and Social Concerns the following:

The Committee is pleased that Becky Steele has joined them.

Next Step Suppers: There was consensus that Next Step Suppers should be continued in support of our focus on leadings. Given the difficulty scheduling events in November and December, it was suggested that the Suppers be started again in January, and that they be held at a new location. Jennifer Frick will continue to communicate with the Leadings Committee regarding ways in which these suppers could support past and future recipients of the Leadings Committee's financial awards. We are looking to support outcomes from Leading Committee.

P&SC is having a mini retreat later on Sunday.

We are planning to send representatives to upcoming meetings of the Friends Committee on Maine Public Policy (FCMPP) in which several PFM people have been active in the past - Bob Philbrook, Tom Ewell and Cush Anthony, especially. This is a step toward ramping up PFM involvement in P&SC related actions at the state and local levels and in coming up with mechanisms to encourage Friends and others to commit to responding.

Dorothy Grannell commented that the Unitarian Universalists are creating a policy board modeled on the one we have and that it had been suggested at Falmouth Quarterly Meeting that we should join with them to strengthen this. The service branch of the United Way also has a policy committee that sends weekly reports by email concerning public policy as it connects with budget issues, and this is available on their website.

Tom asked anybody with ideas about this to contact him.

12. There has been a request from Sukie Rice of Durham Meeting that PFM should have a craft fair at Portland Friends Meeting to benefit Kakemega. She has a supply of crafts from Africa but we would need to organize and publicize it. The meeting agreed that this would be done at rise of meeting on two successive Sundays, November 25th and December 2nd and would be open to members and attenders and guests they choose to invite. Tom Tracy offered to organize it. Sydney McDowell offered help in November. Kathy Beach and Brad Nichols offered help on the December date. Muriel will announce this at rise of meeting.

13. We still need a representative to NEYM nominating Committee.

14. Other business: Muriel Allen asked if we could put a sign out at the front of the meeting asking for support for Yes on 1. This was agreed to.

15. Reminders:

- a. Ministry and Counsel, Mon. Nov. 12, 6:30
- b. Truth and Reconciliation Commission. Talbott Hall, USM Nov. 15
- c. Young Friends Weekend, Nov. 16

We closed in silent worship purposing to meet again for the purpose of Business on Dec. 2, 2012 at 9:00am

Respectfully submitted

Jenny Doughty, Co-Recording Clerk

Notices

Pledges for next year

Letters went out last week requesting that people let the Financial Oversight Committee know what they intend to pledge for donations to the meeting for next year. This will enable them to do more accurate budgeting for the coming year. If you didn't get a letter, there are copies on the front table along with donation envelopes.

New address for donations

Please send any donations for PFM only to the following address: Portland Friends Meeting, 1837 Forest Ave., Portland, ME 04103. This is particularly important now that Sue Nelson is moving from her long-time home near Deering High School. You can still address the envelope to her attention but use the meeting's official address. (If you have direct payments made by your bank, please check to be sure that the bank uses the official address.)

Produce table becomes plant table

The table at the end of the hall and near the back door to the Meeting has been used for sharing produce during the summer. As the growing season wanes, Earth and Spirit Committee suggests that houseplants needing a new home be placed there. If the houseplant has not been taken to a new home after one week, the original owner would need to remove it. Houseplants help clean indoor air and release oxygen, so keep a look out for what treasures may appear on the back table!



Summary of Falmouth Quarterly Meeting held at Windham Friends Meeting October 28, 2012

Fourteen Friends gathered for Quarterly Meeting. Following an informative program concerning the process for Recording Gifts in Ministry presented by Andy Grannell and Janice Beatty we entered into meeting for worship for business.

The slate of officers for 2013 were approved as follows:

Dorothy Grannell, Clerk, Portland Friends Meeting
Recording Clerk: Barbara Rose Macintosh, Portland Friends Meeting
Treasurer, Leslie Manning, Durham Friends Meeting
Youth Coordinator: Wendy Schlotterbeck, Durham Friends Meeting
Custodian of Records: Andrew Grannell, Portland Friends Meeting
Representative to Beacon Hill Friends House: *Still to be named*
Representative to Beacon Hill Friends House: Daphne Clements, Durham Friends Meeting
Representative to Maine Council of Churches: Leslie Manning
Representative to Annual Meeting of MCC: Dorothy Grannell

Ministry & Counsel was unable to appoint a new clerk at this meeting and this will be deferred to the spring meeting. The Nominating Committee will also be appointed in the spring.

The following budget was approved for 2013:

Clerk's discretionary fund	\$100
Maine Council of Churches	\$25
Seeds of Peace Camp	\$50
Friends Camp	\$200
Quaker Ridge Meeting House	\$50
Support for Eden Grace and Friends Peace Teams	\$200
Support for Ramallah Friends School (through Vassalboro)	<u>\$200</u>
TOTAL	\$875

Additional Business decisions:

- The Memorial Minute for Bernice Douglas of Durham Friends Meeting (Dec 7, 1908 – June 26, 2012) was read and approved to be sent onto New England Yearly Meeting. Durham Friends have lost 5 members in the past 6 months and Lewiston has lost 1. These meetings are feeling the loss of these Friends.
- Recording of Gifts of the Ministry. It was decided that Falmouth Quarter recommend to the Faith and Practice Revision Committee that the paragraph from the 1985 Faith and Practice on the process for rescinding the recording of a gift if public ministry be returned to the process described in Paragraph 5D in the new version of the Appendix 5 on Recognition of Gifts and Leadings. The process described in the 1985 NEYM Faith and Practice was extremely helpful to Falmouth Quarter as Windham and Falmouth struggled over a recording. It was recommended that each person be recognized individually with a separate process and that this be done in a timely fashion. Ministry and Counsel will return to this process again should the new Faith and Practice not include the section on rescinding recording so that it can be included in the Falmouth Quarter process for Recording Gifts in Ministry. Chris Holt and Andy Grannell will work on the language to be forwarded to the Faith and Practice Revision Committee.
- Friends Committee on Maine Public Policy is facing difficulties keeping people involved in the monitoring process. Recent improvements in the state prison and correctional systems, the Truth and Reconciliation Commission and greater concern for a statewide restorative justice program call into the question for the continuing need for this committee or whether Friends should join in with a new effort of the Unitarian Universalist churches in Maine. Falmouth Quarter Friends indicated that we should reach out to the Unitarian Universalists and join in their efforts.
- Falmouth Quarterly Meeting minuted its grateful appreciation for the lengthy, dedicated and careful service of Margaret Wentworth, clerk, Linda Johnston, recording clerk and Sue Reilly, clerk of Ministry & Counsel.
- Falmouth Quarterly Meeting Friends were asked for their support for the Midyear Gathering of Friends to be held on March 23, 2013 by helping to enlist members to provide hospitality for Friends from a distance coming for the event.
- Announcements were made about the Truth and Reconciliation Commission event at USM on Nov. 15, 2012 at 7 pm.
- Betsy Croft of Quaker Ridge Meeting House spoke to the Quarter about the bicentennial celebration to take place there on the fourth Sunday July 27, 2014. The Quarter anticipates taking the summer Quarterly Meeting there on July 26, 2014 to be a part of that bicentennial celebration. There will be a parade on July 27, 2013 and worship and picnic on July 28, 2013 as a way to promote the 2014 event. All Friends are invited to attend.

For more information about Falmouth Quarterly Meeting contact Dorothy Grannell, dorothygrannell@maine.rr.com



Maine Wabanaki-State Child Welfare
Truth & Reconciliation
Commission

UNIVERSITY OF SOUTHERN MAINE
LUTHER BONNEY, TALBOT HALL
THURSDAY, NOVEMBER 15, 2012
6:30PM

FREE & OPEN TO THE
PUBLIC
FREE PARKING

PANEL DISCUSSION

Guest Speakers:
Denise Yarmal Altvater
Esther Anne Altvater
Passamaquoddy Tribal Members



“Kill the Indian, Save the man....” *

**....Was the philosophy behind forced
assimilation of Native American children.
The Carlisle Indian Residential school
became the model for Native children to
assimilate into white society. Ten
thousand Native children were forced to
attend between the years 1879 and 1918.**

*Richard Henry Pratt

**Confronting cultural
genocide, Maine leads the
nation...** Paul Frost, Bangor Daily News
3/22/12

Join our panel discussion on the story of this groundbreaking, historic work from two members of the Convening Group of the Truth and Reconciliation Commission process. This TRC is focused on Wabanaki people's experiences with the Maine child welfare system and is the first of its kind.

Its three purposes are to investigate and document a common understanding of what has happened to Wabanaki children and families involved in state child welfare, to providing Wabanaki people an opportunity to share their experiences, begin the healing process, and issue a report that includes recommendations for best child welfare practice with Wabanaki children and families.

**For more information about the TRC process
visit: www.mainetribaltrc.org**

For more information contact Sue at sevans@usm.maine.edu
or call 207-780-5139

Sponsored by- Portland Friends Meeting, Multicultural Student Affairs,
Women and Gender Studies, University Health & Counseling Services,
Student Legal Services, Department of Art Education, Muskie Institute of
Public Policy, Seven Eagles Media Productions



Craft sale to benefit Kakamega orphanage - Nov 25

At rise of meeting on November 25th we will be selling African crafts at the meetinghouse, with all proceeds going to the orphanage in Kakamega. The crafts are made in Kenya and are quite reasonably priced. If you would like to help with the sale, contact Tom Tracy, 207-415-8412, tomtracymail@yahoo.com



Join us in the Advent Garden, Dec 2

All are invited to join children and families at Portland Friends Meeting on Sunday, December 2, 2012 at 4:15 PM, for the annual Advent Garden.

In the midst of the rush of the holiday season, you are invited into a space of silent wonder. Children will walk the advent spiral of evergreens, take a light from the Center, and place a candle among the fragrant pine boughs. Listen and watch the glow spread. Light refreshments follow the service.

Coming up from Adult Religious Ed: Prayer, life of Jesus

Adult Religious Ed meets 2nd and 4th Sundays at 9:00am. Here's what's coming up.

--November 25 and December 9, there will be sessions on Prayer, including how different Friends practice prayer in their lives.

--December 23 there will likely be no Adult Religious Ed

--After the New Year we will be doing some sessions on "From Jesus to the Christ <<http://www.pbs.org/wgbh/pages/frontline/shows/religion/>>" (feel free to start watching now) - PBS Frontline's 4 hour special series exploring the life and death of Jesus, and the men and women whose belief, conviction, and martyrdom created the religion we now know as Christianity. Drawing upon historical evidence, the series challenges familiar assumptions and conventional notions about Christian origins. Archaeological finds have yielded new understandings of Jesus' class and social status; fresh interpretations have transformed earlier ideas about the identity of the early Christians and their communities.

Please join us as we enrich and deepen our spiritual life together!

Save the Date: Ecumenical Advocacy Days – April 5-8, 2013

A national gathering in Washington, DC for people of faith who want to be a force for change for the betterment of all. Theme this year is "At God's Table: Food Justice for a Healthy World." Register Now: www.AdvocacyDays.org

Simple Faith

by Mustard's Retreat

Hear the song here: http://www.reverbnation.com/tunepak/song_7080184

Printed with permission from David Tamulevich. Visit the band's website at:

www.mustardsretreat.com

[Refrain:]

Ours is a simple faith.
Life is a short embrace.
Heaven is in this place, everyday.

Hope is the ground we till.
Make each day what you will.
Thankful for dreams fulfilled,
everyday.

[First Verse:]

No room in this heart for fear,
No judgment day drawing near.
Trust that inner voice you hear,
everyday.

Life's not a goal or race.
It's about heart and faith,
And living a life of grace,
everyday.

[Refrain]

[Second Verse:]

Trust is an open hand,
Making an honest stand.
Rooted here in the land, everyday.

Live in the mystery,
Seeking the harmony.
Here, between you and me,
everyday.

[Refrain]



Discussion group about Friends United Meeting 40 Days of Prayer

Business Meeting started this month by beginning a discussion of the Friends United Meeting (FUM) 40 Days of Prayer discernment period. During our discussion it was determined that we needed more time and exploration of the theme before we could formulate a minute of response for FUM. The full title of the program is 40 days of Prayer for the Future of Friends. A Great people to be Gathered – in Christ, in Community, for Mission.

Background

In recent years FUM has experienced dissension, and not only because of the consideration of a personnel policy for volunteers and staff that would prevent individuals for working with them who engage in sexual relationships outside of marriage. At recent board meetings the FUM board could not come to unity over the policy as it stands -- but it is still the standard by which FUM abides. This is just one area within FUM and the member meetings that is causing meetings to move to different Yearly Meetings, and Yearly Meetings to drop their FUM affiliation. Indiana Yearly Meeting is considering splitting into two yearly meetings over very real theological differences based on authority of the Bible as well as the personnel policy. Some of the questions that are dividing Friends are: Should Friends baptize? Is the Bible the inerrant word of God and the only authority for our actions? What is the place of Continuing Revelation within the Society of Friends? There are theological differences present in meetings and yearly meetings affiliated with FUM who have varying views of the divinity of Jesus, the trinity and the role of the Holy Spirit.

The process

In light of this turmoil, FUM has asked all Friends to join in the spiritual discipline of study, prayer, fasting and discernment as to the Future of Friends. Who are we in relationship to Christ? How do we function as members of a religious community? What is our work in Mission? The full study book with the queries to respond to are found on line and downloadable at <http://fum.org/40-days-of-prayer-for-the-future-of-friends/>.

Colin Saxton, FUM Executive Director asks in his introduction: At the conclusion of the 40 Days of Prayer, we also invite meetings and churches to write and report on how the Spirit moved among you. What inspiration occurred? How did you see Jesus show up among you? Where did you sense God calling you as individuals and as communities? PFM may find answering the above queries more engaging than the ones proposed at the end of the study booklet for the day of discernment.

1. As you consider the FUM purpose statement – “Friends United meeting commits itself to energize and equip Friends through the power of the Holy Spirit to gather people into fellowships where Jesus Christ is known, loved, and obeyed as Teacher and Lord” – how do you see FUM doing this faithfully in the present?
2. How can FUM better serve as a resource to your local meeting/church? Your yearly meeting?
3. As you consider all of the needs/opportunities for ministry in the world, where and how do you sense God is calling FUM to be most involved?
4. FUM's four strategic priorities are: Leadership Development, Communication, Evangelism, and Global Partnership. As you consider each one, how can FUM more faithfully carry out this work?
 - a. Leadership Development
 - b. Communication
 - c. Evangelism
 - d. Global Partnership

A daily discipline is suggested in the study booklet with readings from current Friends from across the world and a wide variety of theological views. Portland Friends will have an opportunity to join in the conversation by meeting together and discerning a response to FUM. We will not be able to do this before the suggested deadline proposed by FUM but they are open to having it whenever we are ready. Marlee Turner has agreed to organize a group of interested Friends upon her return after Thanksgiving. Please contact her via e-mail at mturner7@maine.rr.com.

An interview with FUM leadership from *Quaker Life*, posted at <http://fum.org/40-days-of-prayer-for-the-future-of-friends-an-interview-september-october-2012/>, will be helpful for those who are interested in entering a discernment process on the Future of FUM and by extension the future of Friends. The spiritual discipline of 40 days of prayer and discernment is based on the example of 40 days of prayer and fasting of Jesus and Moses.

Contact Marlee Turner mturner7@maine.rr.com or Anne Harwood ahaeharwood74@gmail.com for more information. No date is set yet for the discussion.

Portland Friends Meeting
1837 Forest Avenue
Portland, Maine 04103

Address Service Requested



Please recycle this newsletter.

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Consider a share with this Community Supported Fishery



Per my previous announcements, there is a local Community Supported Fishery (CSF) (named Salt and Sea -www.saltandsea.me) interested with working with faith communities in the Portland area –the Maine Council of Churches has helped connect them with PFM. Our family has signed up and we’re looking forward to it! (Shares last for two months at a time, the program runs year-round – and there are multiple drop sites around town). Thanks to those at PFM who expressed interest through the sign-up sheet in the lobby the past couple of weeks – and I just mailed the sheet back to Salt & Sea, so they should be in touch asap.

Here’s more info and how to sign-up online if you’re interested:

Local Fish CSA: Join Salt and Sea, a Community Supported Fishery (CSF) and receive fresh fish fillets weekly. Salt & Sea provides fresh fish off of fourth generation Portland fishing boats. Each week, share members receive fresh-off-the-knife fillets of premium, Gulf of Maine fish.

Single Share: Lasts for two months, and includes weekly deliveries of at least one pound of fresh-cut fillets of locally caught, wild fish. This share is ideal for one weekly meal for a family of two. \$96

Double Share: Lasts for two months, and includes weekly deliveries of at least two pounds of fresh-cut fillets of locally caught, wild fish. This share is ideal for two weekly meals for a family of two, or one weekly meal for a family of four. \$160

Salt & Sea selects fish based on the soundness of stock levels, and their fresh fillets will consist mainly of responsibly harvested Acadian Redfish, Haddock, Monkfish, Pollock and Flounder. Each week’s fish varies depending on what the boats bring in. Salt & Sea connects Portland’s strong local foods community with the Gulf of Maine. In addition to receiving fresh fish fillets, CSF members also get to try a wide-variety of sea products: homemade fish cakes, dried seaweed snacks, and eventually smoked fish - all from the Gulf of Maine, and included in the shares.

For more information or to sign-up online – please go to www.saltandsea.me or contact Justine at 415-9388 or justine@saltandsea.me

Sarah Cushman