

# Portland Friends Meeting Newsletter

First Month, 2015

**Meeting for Worship:** Sundays 10:30a

**Adult Education:** 2nd and 4th Sundays 9a

**First Day School:** 2nd and 4th Sundays 10:45a



1837 Forest Ave Portland, ME 04103  
portlandfriendsmeeting.org

## Connections

### Co-Clerks

Sarah Cushman 841-7186

Liz Maier 883-5420

### Treasurer, Contributions

Sue Nelson 391-6116

60 Shadagee Road, #2

Saco, ME 04072

### Treasurer, Operating Account

Kathy Beach 741-2940

14 Drew Road

South Portland 04106

### Treasurer, Special Funds

Sara Jane Elliot 749-9706

### Special Needs Funds

Chris Beach 741-2940

Elizabeth Szatkowski 772-1774

### Ministry and Counsel

Lyn Ballou 865-3888

### Pastoral Care Coordinators

Shannon O'Connor 774-2578

David Spector

### Religious Education

Adults: Sandra Jensen, 839-2372

Youth: Susan Lavigne, 775-0626

Youth Religious Education Coordinator:

Anne Payson 781-2501

### Use of the Meetinghouse

Dorothy Grannell 878-8698

dorothygrannell@maine.rr.com

### e-group Coordinator

Mary Beth Walsh 797-8414

[mbwalsh@mainelyaccess.com](mailto:mbwalsh@mainelyaccess.com)

### Newsletter

submissions

Heather Denkmire

[pfmnewsletter@grantwinners.net](mailto:pfmnewsletter@grantwinners.net)

### address change details

Tony Scilipoti

[tscilipoti@maine.rr.com](mailto:tscilipoti@maine.rr.com)

“Do you live in the thankful awareness of God’s constant presence in your life?”

*NEYM Faith and Practice, III: Advices and Queries,*

## Calendar

**January 11:** 9a Adult Education—individual spiritual practice

**January 18:** rise of meeting, green funerals and burials discussion

**January 25:** rise of meeting, Falmouth Quarterly Meeting

## Monthly Events

**Every Sunday:** 10:30a Meeting for worship (for all ages, childcare provided)

**Every Wednesday:** 5:30p Meeting for worship

**2nd & 4th Sundays:** 9a Adult Education  
10:30a children in Meeting for worship  
10:45a First Day School

**2nd, 3rd, 4th, & 5th Sundays:** 10:00a all ages singing before worship

**2nd Saturday:** 5-8p Youngish adults potluck  
Bart Czyz, [btczyz@gmail.com](mailto:btczyz@gmail.com), 207 899 5937

**4th Friday:** 3:30-7p Preble Street Soup Kitchen  
Aaiyn Foster 766-9762



*Spiral of Light, Friends School of Portland, December 5, 2014*

**Minutes of Portland Friends Monthly Meeting  
January 4 , 2015**

Portland Friends Meeting gathered in meeting for worship to conduct business on January 4, 2015 at 9:00 a.m., with 8 members and attenders present. We began in silent worship, during which Co-Clerk Andy Grannell read a query from Faith & Practice which begins: "Do you live in the thankful awareness of God's constant presence in your life"?

1. December minutes. We agreed the minutes of our December 2014 meeting were in good order.
2. Welcome to new Co-Clerk Liz Maier. We joyfully welcomed Liz Maier as our new Co-Clerk.
3. Buildings and Grounds. Liz Maier presented the committee's annual report for 2014, which will also appear in the newsletter.
4. Financial Oversight.

A. Treasurer's Report. Treasurer Kathy Beach reported that the books have been closed for 2014 budget year, but contributions allocable to 2014 may still arrive in the next few days. Income for December so far was \$5,878. Expenses were \$3,960. Total year-to-date income is \$57,823 , or 85 % of budget, and total year-to-date expenses were \$59,080 or 86% of budget. The balance for the year to date is negative \$1,260.

**Quick Summary of Income and Expenses  
Twelve months — 100% of 2014**

Year-to-date Income	\$57,823
Percent of Budget	85%
Year-to-date Expenses	\$59,080
Percent of Budget	86%
Balance	<b>(\$1,260)</b>

Thanks to the efforts of many adults as well as the teens, we took in more than our fundraising goal of \$1,000 this year. Our rental income was also robust, with a total of \$2,533. We had budgeted \$2,250. Total donations from individuals and families for the year were \$43,606. Our Meetinghouse expenses were budgeted correctly in that we spent almost exactly what was budgeted (\$20,750 budgeted, \$20,753 spent).

Our Meeting community expenses were 77% of what was budgeted (\$29,850 budgeted and \$22,997 spent) Portland Friends Meeting donated \$17,764 to 15 different organizations. This of course does not include what individuals and families contributed on their own to the various Quaker organizations that move them.

Financial Oversight thanks Friends for their contributions and helpful questions during the year. Several questions were raised about our process, policies and goals. In particular, it was pointed out that the Religious Education Coordinator was paid only \$7000 (\$6464 net of withholding) of her \$7500 salary in 2014, and she has decided to treat the difference as a contribution to the Meeting for her 2014 tax year. For 2015 she will be paid the full \$7500. Financial Oversight will scrutinize lines 21, 22 and 23 for 2015 and make sure they are correct.

It was mentioned that how to contribute and the need for contributions is often not effectively communicated to all members of our community. It would be helpful to look at the trends of several years to make sure our practices help us reflect accurately our financial situation.

B. Proposed 2015 Budget Jo Linder presented the committee's proposed budget for next year, which had already been presented and reviewed in December. The proposed budget has also appeared in the newsletter. A question was raised about the high amount for telephone (\$1800) but the Co-Clerk reported efforts to lower this have not been successful because of fire alarm requirements. Friends approved the 2015 budget with thanks to the committee for their careful work.

5. Nominating Committee. Chris Beach reported for the committee. He presented the final list of nominations for various positions. New additions needing approval since December are the following:

- Peter Raszmann – Buildings and Grounds Committee
- Roger Roy – Earth and Spirit Committee
- Carol Schoneberg – Recording Announcements – Third Sundays

*minutes (continued)*

5. Nominating Committee. (cont-)

Rob Levin – Recording Announcements – Fourth Sundays

Sydney McDowell – Friends School of Portland Resource Committee

Julian Howland – Cleanup and Closeup – Alternate Third Sundays

Friends approved these additions to the 2015 list of nominations.

It was suggested that people nominated for positions provide an e-mail address when they sign up, so that committee clerks can contact them. The committee agreed it was a good idea. The Clerk thanked the committee for all the work they did to fill our many volunteer positions for the upcoming year.

6. Record Keeping for Portland Friends Meeting and New England Yearly Meeting

Our Recorder Lise Wagner reported on her work as recorder and the work of the NEYM Committee on Archives and Historical Records. Because of a malfunction in the Rhode Island site where NEYM records have been archived, NEYM is looking at a new site with better security. In the meantime we are to take care of our own records, which we already do here and at the Maine Historical Society. The NEYM committee would appreciate any suggestions we have for a site or other concerns about records by the end of 2015.

Lise also raised several questions herself, including how to treat name and gender changes and ongoing consideration of the purposes for which we are keeping any particular membership record.

7. Other Business

Kathy Beach reported on the ChIME workshop held here yesterday. There were approximately 65 people. A slideshow on the history of our treatment of native Americans and the Wabanaki language was presented by gkisedtanamoogk, of the Wampanoag people of Mashpee, Cape Cod. It was a long, productive day. Individuals from our Meeting contributed \$550 to Arla Patch for her work with the Truth and Reconciliation Commission. We hope we can have a report from Arla soon about the status of her work.

Dorothy Grannell announced there will be a business meeting of our Quarter at the rise of Meeting on January 25 after a lunch of soup. At 12:15 the Quarter will take up two items, the memorial minute of Harold Burnham and planning the All-Maine meeting the first weekend of May. Andy Grannell will attend for Portland Friends Meeting. We need one other representative. If interested, contact Dorothy.

We closed in silent worship at 10:30 a.m. with 17 members and attenders present, purposing to meet again at 9 a.m. on Sunday February 1, 2015.

Lyn Ballou, Co-Recording Clerk

Updates/Reminders: All committees should submit annual reports to the Clerks and to Ministry and Counsel.

*A message from the Financial Oversight Committee*

Thanks to the efforts of many adults as well as the teens, we took in more than our fundraising goal of \$1,000 this year. Our rental income was also robust, with a total of \$2,533. We had budgeted \$2,250. Total donations from individuals and families for the year were \$43,606.

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PFM donated \$17,764 to 15 different organizations. This of course does not include what individuals and families contributed on their own to the various Quaker organizations that move them.

Many thanks to all. The Financial Oversight Committee is very grateful to all who help us stay on track and for all the great questions that come up during the course of each year. May 2015 by another wonderful year!

## We are thrilled to share groundbreaking news for FSP!

We are thrilled and amazed to report that, as of Monday (1/5), FSP's Turn to the Future capital campaign has raised \$98,700 beyond our minimum fundraising goal of \$2.47 million! It is difficult to adequately express our gratitude to each and every volunteer and donor who contributed time and precious resources to this effort. Our community can now rest assured in the knowledge that, through the exhaustive work of so many, our beautiful and efficient new school building will become a reality. The additional funds raised will allow us to add back items that were eliminated from the design to stay within budget, such as an attractive overhang for the main entrance and a paved basketball court.

While we are elated to bring you this news, we will also gladly accept contributions from those who would still like to participate in this trailblazing project. To make a gift, please visit [friendsschoolofportland.org](http://friendsschoolofportland.org) and click the Donate button, where you will be able to designate a gift to the campaign. If you would like to make a multi-year pledge, please call Rose Splint in the Campaign Office: (207) 781-6281.



Students at the Friends School of Portland groundbreaking ceremony, including Portland Friends Meeting attendee Althea Denkmire (in yellow).



Friends School of Portland's "priority" deadline for applications for Fall 2015 is Friday, January 30th. If you'd like more information, please call 781-6321 or email [jen@friendsschoolofportland.org](mailto:jen@friendsschoolofportland.org).

There are two admissions events coming up this month:

### **Parent Visit Day (preschool & K): Tuesday, January 20, 9:00-10:30am**

Spend time in our preschool and Kindergarten classrooms observing students and teachers in action, and get a feel for our culture of joyful learning. Tours will be available for first-time visitors. The event will conclude with a Q & A with our Head of

School and Director of Studies. For parents only. RSVP <https://friendsschool.wufoo.com/forms/rsvp-form/>

### **Parent Visit Day (grades 1-8): Wednesday, January 21, 9:00-10:30am**

Spend time in our 1-2, 3-4, 5-6 and 7-8 classrooms observing students and teachers in action, and get a feel for our culture of joyful learning. Tours will be available for first-time visitors. The event will conclude with a Q & A with our Head of School and Director of Studies. For parents only. RSVP <https://friendsschool.wufoo.com/forms/rsvp-form/>

*Women of Falmouth Quarter, there is something to look forward to in March!*

*Portland Meeting will host a Women's Retreat on March 20-21....Spring Equinox.*

*The schedule begins with a shared supper on Friday and will go through late afternoon on Saturday.*

*SAVE the DATE and watch for registration information and program details soon.*







# Maine-Wabanaki REACH

Reconciliation • Engagement • Advocacy • Change • Healing

Maine-Wabanaki REACH is inviting you to attend an ALLY TRAINING in Auburn, Orono, or Portland.

Maine-Wabanaki REACH, in collaboration with Maine Wabanaki-State Child Welfare Truth and Reconciliation Commission would like to invite you to an Ally Training.

REACH and REACH trained Allies are essential for moving this historic work forward now and after the recommendations are made by the Commissioners in June 2015

Attend one of the training events listed below to explore how you can become more involved as a REACH Ally. *Please RSVP and tell us ALL of the training dates, times and locations that will work for you.* We will then confirm your registration for a specific training. Please call for questions: 890-0966

## Auburn

A two evening training, Wed. Jan. 14 and Thurs. Jan 15, 2015, 5:30 pm - 8:30 pm, UU Church, 169 Pleasant Street, Auburn;

One day Saturday training, January 24th, 2015, 9:30 - 4:00 pm, UU Church, 169 Pleasant Street, Auburn

## Orono

One day Saturday training, February 7th, 2015, 9:30 - 4:00 pm, The Wilson Center, 67 College Street, Orono

## Portland

One day Saturday training, January 10, 2015, 9:30 - 4:00 pm, UU Church, 425 Congress Street, Portland;

A two evening training, Feb. 11 and 12, 2015, 5:30pm - 8:30 pm, UU Church, 425 Congress Street, Portland.

Applications are available here <http://goo.gl/QzhYbq> to bring with you, or fill one out at the training.

RSVP and questions: call Arla Patch, Community Engagement Coordinator 890-0966

### **What does a REACH ally do?**

REACH ally work has three components – education, support, and action.

We educate ourselves and our community to better understand Maine Wabanaki relationships, history, and current issues.

We support each other to dig deep in our understanding of ally work and take risks. We learn more about ourselves.

We take action as individuals and as a group in support of REACH's work.

Ally work requires time, energy, self-reflection, flexibility, a sense of humor, and a readiness to follow Wabanaki and experienced ally leadership. It offers learning, friendship, and becoming part of historic change. We have fun together.

**Adult Religious Education** is alive and well, and will continue meeting on the 2nd and 4th Sunday from 9 - 10 am.

That means that we will be meeting this **Sunday, Jan 11**. Please come promptly at **9 am** (or sooner), so that we have at least the full hour.

This Sunday we will explore our **individual Spiritual Practice** . . .

- What does it look like?
- What kinds of Spiritual Doorways present themselves, and what happens as we pass through them?
- What are the seasons of a life of spiritual searching (and finding)?

There are no right answers — Only the true stories that we can tell.

And yes, this may be more than we can manage in one session. It may continue over several. It would be helpful to have some idea how many will be there. Please let us know if you are coming (but feel free to come even if you have not given notice). And if time is difficult, for any reason, please let us know.

## Buildings and Ground Annual Report 2014

We welcomed Bart Czyz and Camille Parrish to our committee. The rest of our committee is Liz Maier, clerk, Syl Doughty, Dorothy Coyle, Tracy Booth (summer) James Grumbach (winter) and Karin Wagner.

We mourn the loss this year of HD Wagener, longtime member and poet laureate of our committee.

Spring cleanup day was May 11<sup>th</sup>. Syl's new peace garden is doing wonderfully including the beautiful peace rose. Three new blueberry plants in the front garden survived the winter.

Bart volunteered to be our "kitchen wrangler" and keep an eye on the state of things in there. Camille, our "Supply Wrangler" keeps tabs on toilet paper, towels, soap etc. We have a policy of no scented products.

Brad repaired the broken windows from a break-in and is planning to install security storms for the basement windows.

Four new thermal curtains were made for the upstairs. They still need magnetic tape and two of the curtains need pulley repairs. There is a team preparing to do this in January.

Three new Bar Harbor junipers were planted in the circle around the sign. Hopefully these will be beautiful and low maintenance.

New paving near the street drain and over the new water line was completed in the fall. A new light fixture in the parlor has dispelled the darkness in there.

For next year: Welcome to Peter Raszmann and Marion Lundgren (helping hand)

We decided to meet 4 times a year (January, April, June, and September) on the third Sunday of the month at 9:15.

We still need a 12 cup coffee maker and someone to mow the front lawn. Big thanks to Ed Robinson who has done this faithfully for so many years.



*12 cup coffee maker still needed!*



## Evening with a Quaker & Chronic Pain Specialist Offering Non drug Treatment

Time: Monday evening, January 19th from 7:00 – 9:00 pm (we will begin promptly at 7:00!)

Location: the Grannell Home, 43 Delaware Court, Portland (off of Allen Avenue next to Portland Arts and Technology High School (PATHS); parking provided at curbside across from Grannell home.

Andy, Dorothy and Susan Grannell are offering an evening's discussion with Alan D. Ross, M.D. Trained not only as a physiatrist in traditional but also in nontraditional approaches to chronic pain, Alan Ross brings a special approach to diagnosis itself. Of special interest to us after we contracted with Alan Ross in our daughter Susan's case was to learn that Alan is both a practicing Quaker as well experienced with the Buddhist approach to deep meditation. In fact, Alan Ross has worshipped with us at Portland Friends Meeting in the last few months.

The focus of this discussion will be on a new approach to treatment of chronic pain that utilizes very low dosages of electricity transmitted from electrodes on the skin to scramble or block the pain. This treatment is noninvasive and basically pain free. The pain being treated may be the result of chronic conditions including injury, cancer and chemotherapy, diabetic pain, lower back pain, phantom limb syndrome and fibromyalgia. This approach is known by the trade name of Calmare or 'scrambler therapy'. For a beginning approach to your questions please go to: [www.calmarepaincenters.com](http://www.calmarepaincenters.com)

This non pharmaceutical approach has been approved by the FDA and insured—at least in part—by Medicare. Currently Calmare is undergoing advanced clinical trials at Mayo and Cleveland Clinics. Cost is an issue as there is as yet no insurance (non-Medicare) reimbursement available. A member of Maine General Medical Center's active staff, Dr. Ross has practiced in the mid Maine (Augusta) locally since 1998.

To reserve a space - as it will be limited - please call Andy or Dorothy Grannell at: (207) 878-8698 or write: [grannell@maine.rr.com](mailto:grannell@maine.rr.com) no later than Thursday, January 15 at 9:00 pm.

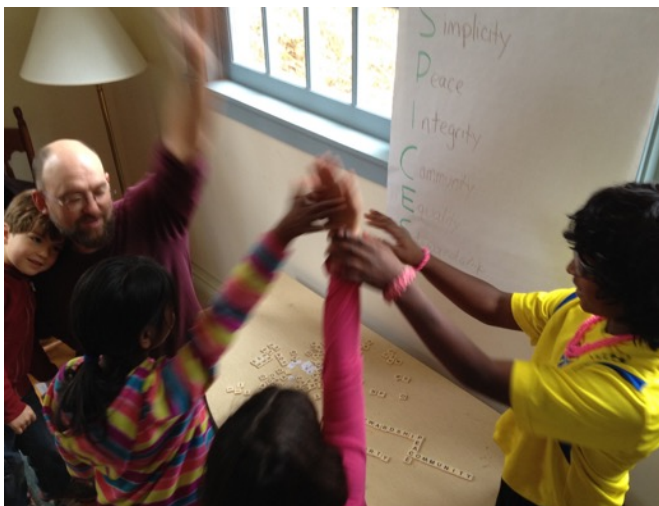
## Green Funerals & Burials

### Presentation - Bag Lunch Event - Sunday January 18th

What are green funerals and burials? How might an earth-friendly orientation influence the choices we make in caring for our dead? How do we discern the environmental impact of our choices? Interest in earth-friendly choices is growing in many areas of our lives, including funerals and burials. Please join us in the PFM multi-purpose room for an interesting discussion about green funerals and burials, how to go about planning and arranging for them, and green options available right here in Maine. The program will be sponsored by the Cemetery Committee, and presented by Jane Mullen and David Floryan. Bring a bag lunch; dessert and beverages will be provided.



"This is my most favorite job!" says this sprightly newsletter mailing assistant, "When can I do it again?"



The First Day School "middles" cheer themselves on for their challenging and successful word play with SPICES.

### Welcoming the Stranger: Building Understanding through Community Based Art

Dear Friends:

In November 1923, 218 immigrants traveling to NY and Boston on the George Washington and the President Polk ships were diverted to Casco Bay, Maine. They were then detained on House Island, known at that time as the "Ellis Island of the North." This quarantine station was in service from 1907 until 1937.

I am an artist born and raised on Munjoy Hill/Portland. I am working on an exhibit entitled *Welcoming the Stranger* that will open in Portland in September 2015. The purpose of this art exhibit is to give 'voice to the voiceless' immigrants once held on House Island.

I am writing to your meeting to ask for your help.

I am looking for anyone who had family members that were detained on House Island or allowed to immigrate into Maine after being processed there and would be willing to share their family story.

I am also seeking donations to further the research to support the exhibit. Donations to *Welcoming the Stranger* are tax deductible. A full financial statement is available upon request. Donor organizations will be recognized in the exhibit program.

My art often focuses on a little known moment in history that reflects a larger issue within a contemporary context. I believe that highlighting this little known House Island history will impact how we "welcome the stranger" in today's world and build bridges of appreciation and understanding with people of all backgrounds.

I would like to attend a meeting to share more information about my exhibit. Please contact me by email at: [welcomingthestrangerart@gmail.com](mailto:welcomingthestrangerart@gmail.com) or by telephone: 443-622-0863. To learn more about this project, go to [thestonepath.wordpress.com](http://thestonepath.wordpress.com).

Thank you for considering this request,

Sincerely,

Jo Israelson

## Member Profile: Lyn Ballou

**Where did you grow up?** In Havertown PA outside Philadelphia, then at George School in Bucks County.

**Go to school?** Middlebury College (with junior year in Tours and Paris); a while later law school at U. Maine in Portland; latest was ETEP (extended teacher education) program at USM in Yarmouth, Portland and Gorham a dozen years ago.

**What do you do for work?** I teach all levels of French at Mt. Ararat High School in Topsham and it doesn't really seem like work most days. I feel privileged to indulge my love of French and learning all kinds of other things with great students and colleagues.

**What are your favorite things to do?** Besides French, traveling; music, especially opera and playing the piano badly; reading; being with friends and family; walking; enjoying antics of our cat; getting to know people at PFM; doing puzzles.

**Are there people close to you you'd like to tell us about?** My husband Peter is retired after many years with the Public Utilities Commission and adores music and sports. Our daughter Carla is 24, works at the Woodlands Club, has lots of Freeport and Pownal friends and loves rednecks. Our son Will just married Sophie Little, works at Mutty Paws in South Portland. They are hoping to move to England later in the year. **Pets?** Mr. Chesterfield is Will's cat who has become ours, and he is a LOVE. Carla has our dachshund Toby. And she is interested in a stray cat who has been coming around whom she calls Nelson/Roberta (a longhair whose sex has yet to be determined).



**Tell us about the spiritual journey that brought you to Portland Friends Meeting.** When I was about 6, my parents started looking for a spiritual community. I was brought to Sunday School at Llanerch Presbyterian and found it frightening. Then my mother suggested Old Haverford Friends Meeting because it was near our house, and she had liked Quakerism when she was at George School. So we went there and we all immediately felt at home and that was it.

There have been times since without a Quaker community, especially after I married a Catholic who was not interested in any religion. I did not attend church for many years.

The arrival of Will inspired Peter and me to look for a religious community for him, and so one Sunday I tried PFM. There were immediate plusses--an adult ed class with Hal Burnham, Colleen Crowley and Barbie Potter! But for children there was a hippie in the basement and that was it. I would not have returned, but Will left his jacket. So, we ended up coming back another Sunday. That time there was First Day School, his teacher was Lea Sutton, and the rest is history.

**What kinds of things would you like to do in our community?** I've enjoyed everything I've tried--Youth Religious Education, especially clerking with Ellen Belknap; teaching First Day School with Aaiyn Foster; Recording at Meeting for Business; Ministry and Counsel, especially clerking with Stephanie Richards; working on Women's Retreats with Meg Nobel; helping with the renovations in the 90s. I hope there's more to come.

**Is there something about you which might surprise us?** I've climbed Mt. Katahdin 5 or so times, and all of the New England 4,000 footers.

**Is there a time when your faith got lost or slipped away? A time your faith returned or came in a new way? What precipitated this renewal?** As a youngish adult, I was not sure I wanted to believe in a God who allowed bad things to happen to good people. My mother was diagnosed with multiple sclerosis. It was a long hard journey, during which my dad, himself handicapped by severe OCD, took care of her. But in the end, as Virginia Phillips would say, "When you go through bad times you learn a lot."

**What question would you like to be asked?** Vous voulez aller en France?

**What question would you ask of us?** How can we keep including newer people and passing along the work and fun to them?

**How do you keep your faith?** Meeting for Worship, and working with others in the Meeting community

**What does being a Quaker mean to you?** Integrity, kindness, simple beliefs and tolerance for others, wonderful processes like our memorial services, weddings, clearness and support committees, seeking divine guidance in our conduct of business.



## Falmouth Quarterly Meeting January 25, 2015

Join Portland Friends for Worship  
Singing 10:00 am, Worship 10:30 am, Soup and Bread 11:45 am  
Falmouth Quarterly Meeting for the conduct of Business 12:15 – 1:30 pm

### AGENDA

- I. Opening Worship
- II. Roll Call of Representatives
- III. Selection of Temporary Recording Clerk for this Meeting (Recommendations for a person to take on this role for this year will be greatly appreciated)
- IV. Correction and Approval of Minutes of November 1, 2014
- V. Treasurer's Report
- VI. Introduction of new clerks and Doug Gwyn as pastor of Durham Friends Meeting
- VII. Brief Review of plans for All Maine Meeting, May 2, South China Community Church
- VIII. Open worship for Memorial Minutes
  - a. Harold Burnham
  - b. Richard Wood
  - c. Others?
- IX. Approval to forward to Permanent Board of Memorial Minutes
- X. Announcements
  - a. Dates and locations for Falmouth Quarterly Meetings for 2015
  - b. State of Society Reports/Statistical Reports
  - c. Other

*Originally created at the Portland Friends Meeting Retreat in October 2014 for the talent show, with a re-reading during announcements at Portland Friends Meeting on December 21, 2014 by a Quaker Solstice Elf.*

Special Announcements Read at the Rise of Portland Friends Meeting on Sunday, December 21, 2014

- Next Sunday at 9 am, there will be an Adult Religious Education session exploring the topic: "Should Quakers Return to Plain Dress?" Please wear whatever attire you feel is appropriate.
- Also next Sunday, at the rise of Meeting, there will be a Threshing Session on whether to have a Threshing Session devoted to the following query: "Do we have not enough, too many, or just the right number of Threshing Sessions in our Meeting?" Please bring a snack.
- A few outside groups will be renting the Meetinghouse next Sunday. Wow, what a busy day!
  - In the back corner classroom, the Portland Beekeepers Society will be hosting a live demonstration, open to the public. Please make them feel at home. I'm hearing some buzz about this event in the community.
  - Meanwhile, upstairs in the teen room, the Southern Maine Epinephrine Meetup will be gathering, with a discussion topic of "How To Avoid Stinging Bee Situations." BYOEP (Bring Your Own Epi-Pen)
  - And finally, here in the Meeting Room, the Greater Portland Nudists will be hosting a craft sale. I'm told that scarves, hats and socks will be for sale, but apparently no other items of clothing.
- Now this next event is not directly related to the life of the Meeting, but I am sharing it with you after a special request. Kate Potter's cousin's sister's friend's daughter-in-law will be performing in a modern dance show about the history of clarified butter. This event will be next Sunday at the Portland Museum of Art from 3:30 to 3:32 p.m.
- Finally, after due deliberation, Ministry and Council would like to announce that we will be starting another midweek Meeting for Worship. This will take place on Tuesday at 4:30 a.m. and is for those who feel that the Wednesday evening Meeting for Worship has become too popcorny.

*...Submitted by a Quaker Solstice Elf*

Portland Friends Meeting  
1837 Forest Ave  
Portland, ME 04103

Address Service Requested

**Next newsletter deadline:**  
Wednesday, February 4th, 9pm

submissions: [pfmnewsletter@grantwinners.net](mailto:pfmnewsletter@grantwinners.net)

